

## Unstuck: *growing through grief*

### ***The Gift of Limits***

Pastor George Hinman

Genesis 3:1-7

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**Introduction:** The past is not the past if it's still influencing your present. We know that life moves on, but sometimes we just can't move with it. We're stuck. Stuck in the familiar. Stuck in sadness. Stuck in bitterness. Because we've lost something important to us or fear losing something important to us. But with Jesus loss turns into gain, and what's stuck sooner or later gets unstuck.

**Prayer:** Father, help us to understand that God's limits are a gift for us. Amen

**Review:** What was most important to you from pastor George's three principles of "good grief"?

**Read:** Genesis 3:1-7

#### ***Discussion:***

1. How was the serpent more crafty than any of the wild animals the Lord God had made?
2. Was the woman's answer (v2) to the serpent accurate? If not, what was the difference? Important?
3. For what reason(s) did the woman disregard the limits set by the Lord God? What loss resulted from this disregard? Have you experienced a similar loss? Explain.
4. How does God's limitless love find us and help us in such loss to become "unstuck" and move forward?

**Application:** This week, live with joy knowing God and the good limits he has provided for us.

**Prayer:** Father God, thank you for the love that has no limits. Amen